



# Iron Source and Level Affect Growth, Innate Immunity and Antioxidant Defense of Nile Tilapia



## Study Objective

Evaluate effect of source and level of supplemental iron (Fe) on the performance, innate immune response and antioxidant defense of Nile tilapia (*Oreochromis niloticus*) through a 2x2 factorial arrangement of treatments.



## Animals

400 juvenile Nile tilapia;  
16.57 ± 2.25 g initial BW

## Treatments

Five evaluated treatments included a basal diet and four additional treatment created by a 2x2 factorial arrangement of Fe level (60 vs 85 ppm) and Fe source (FeSO<sub>4</sub> vs Zinpro® Availa® Fe).

Results are presented as:

**Basal:** Fe-free Control diet

**60 Fe:** 60 ppm Fe from either Fe source

**85 Fe:** 85 ppm from either Fe source

**Inorganic Fe:** ZnSO<sub>4</sub> at either level

**Zinpro Fe:** Zinpro Availa Fe at either level



## Study Duration

7 weeks



## Location

Fish Farming Laboratory,  
Departamento de Zootecnia e Ciências  
Biológicas of the UFSM,  
Campus Palmeira das Missões, Brazil



## Results Summary

Supplementation with Zinpro Fe vs Inorganic Fe significantly:

- Improved FBW and hemoglobin level
- Reduced TBARS in liver

Supplementation with 85 ppm vs 60 ppm Fe significantly:

- Improved FBW with no effect on hemoglobin level
- Reduced TBARS in liver

Including 85 ppm Fe from Zinpro Availa Fe is recommended to improve tilapia growth performance and reduce tissue fat oxidation, which has a negative impact on product quality.

Zinpro Availa Fe should be considered as a strategy to mitigate anemia in farmed tilapia.

Figure 1. Final Bodyweight

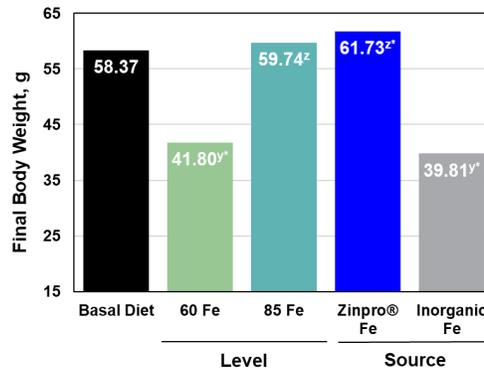


Figure 2. Hemoglobin

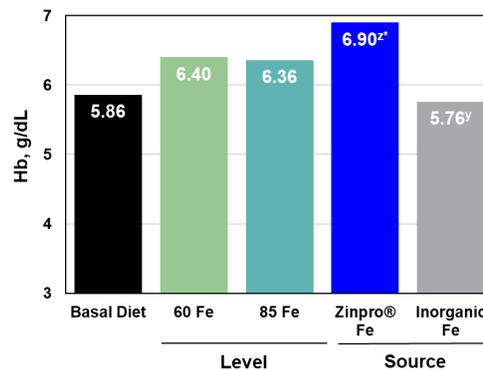
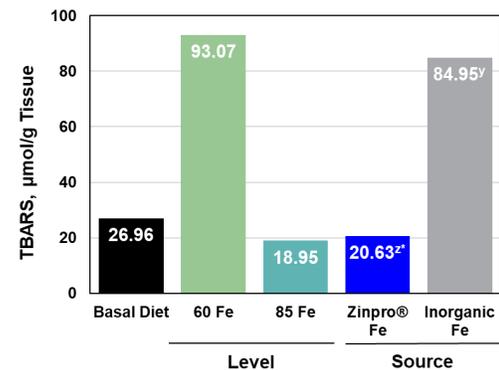


Figure 3. TBARS in Liver



<sup>yz</sup> Within category (source, level), means lacking a common superscript letter differ, *P* < 0.05  
<sup>\*</sup> Means lacking a common superscript letter differ from Fe-free Basal diet, *P* < 0.05

## DOWNLOAD ABSTRACT/FULL REPORT

Hermes, L.B, N.C. Peixoto, E.K. Battisti, T.L.S. Schneider, and R. Lazzari. 2023. Dietary iron affect innate immunity, hematological and oxidative responses in Nile tilapia (*Oreochromis niloticus*). *Aquacult. Int.* 32:93993-4007. <https://doi.org/10.1007/s10499-023-01361-8>

